

# Yellow Fever Requirements For South African Passport Holders

If you are a South African travelling to or from countries that **require a Yellow Fever certificate**, you must ensure that you get a vaccination against yellow fever **before leaving on your trip**. All individuals above the age of 1 year are required by international health regulations to get vaccinated before any journey that entails travel to or through the so-called "yellow fever belt" of Africa or South America.

### What is Yellow Fever and what are the risks?

Yellow Fever is a disease caused by a virus that is transmitted via the bite of an infected mosquito and is so-named because when the virus attacks the liver, the colour of the skin and eyes turns yellow (jaundice).

The risk of travellers getting yellow fever differs due to various factors, including the season, the destination, the type of activities undertaken, and the length of stay. The risk is low for most travellers, especially if you are going to mainly well-developed urban areas. Those staying for a longer time, participating in outdoor activities such as hiking, camping, fieldwork or cycling, and those visiting rural or jungle areas are more at risk.

Yellow fever is endemic (always present) in many of the tropical areas of Africa and South America, and this means that any areas populated with the mosquito could harbour the disease.

# **Which Countries Require Yellow Fever Certificates?**

You will not be able to get a visa or permit to travel to the following countries unless you have been vaccinated at least 10 days prior to your departure date and can show a yellow fever certificate:

- Angola
- Benin, Bolivia, Brazil, Burkina Faso, Burundi
- Cameroon, Central African Rep., Chad, Colombia, Congo, Cote d'Ivoire
- Democratic Rep. of Congo, Ecuador, Equatorial Guinea
- Ethiopia
- French Guinea
- Gabon, Gambia, Ghana, Guinea, Guinea-Bissau, Guyana
- Kenya
- Liberia
- Mali
- Niger, Nigeria

- Panama, Peru
- Rwanda
- Sao Tome & Principe, Senegal, Sierra Leone, Somalia, Sudan, Suriname
- Tanzania, Togo
- Uganda
- Venezuela
- Zambia (recently identified as a country with mild risk of yellow fever)

Yellow Fever certificates are **valid for a period of 10 years** commencing 10 days after the date of vaccination. Should you require a re-vaccination; the certificate will then be valid for 10 years from the date of that re-vaccination

# Is the Yellow Fever Vaccine Safe?

Although there have been various myths that the vaccine is not safe and can actually infect you with yellow fever, the single-dose vaccine against yellow fever is 100% safe and effective. It is recommended for the majority of individuals over nine months of age.

The vaccine is generally not recommended for:

- Children under the age of 9 months.
- Individuals older than 60 years of age (especially if they have never had the vaccine before).
- Pregnant or breastfeeding women.
- Individuals with a weakened immune system.
- Individuals who are allergic to eggs.

# Yellow fever vaccination clinics in South Africa

There are many clinics throughout South Africa where you can get your yellow fever vaccination, Including:

#### Cape Town:

- Netcare Travel Clinic Cape Town, 11th Floor, Room 1107, Picbel Parkade, 58 Strand Street: phone +27 21 419 3172
- Netcare Travel Clinic Tokai, Medicross Tokai, Cnr Tokai and Keyser Road: phone +27 21 715
  7063
- Travelsafe Clinic, Shop 3, Cavendish Place, Cavendish Road, Claremont: phone + 21 0860 1000 72

#### Durban:

- ICC Durban Travel Clinic / Travel Doctor Durban, International Convention Centre, 45 Ordnance Road: phone + 27 31 360 1122
- SAA-Netcare Travel Clinic, Corner Old Main and Meller Roads, Pinetown: phone + 27 031 709 3070

## Gauteng:

- OR Tambo International Airport Clinic, Johannesburg International Airport: phone +27 (0) 11
- NHC Centre, Corner Beyers Naude Drive and Waugh Street, Northcliff: phone + 27 11 214 9030

#### Pretoria:

• Worldwide Travel Medical Consultants Brooklyn, Brooklyn Square, c/o Middel and Veal Street Brooklyn: phone + 27 (0) 12 4604744

Should you require any further information regarding yellow fever you can contact the <u>Department of Health</u>(DOH) or the <u>World Health Organisation</u> (WHO). This certainly is not something you want to take any risks with, and you should be able to enjoy your travels safely in the knowledge that you are vaccinated against Yellow Fever.

http://www.travelstart.co.za/lp/travel-tips/yellow-fever